

TOWN OF BROOKHAVEN  
DEPARTMENT OF PARKS, RECREATION & SPORTS, AND CULTURAL RESOURCES

# Belly Dancing

LOOKING FOR A FUN WAY TO GET IN SHAPE? THIS CLASS IS A GREAT INTRODUCTION TO BELLY DANCING AS A FORM OF FITNESS, STRESS REDUCTION AND A WAY TO OBTAIN GRACE AND FEMININITY. EMPHASIS WILL BE PLACED ON BASIC BELLY DANCE TECHNIQUES AND STEPS IN ADDITION TO ITS EXERCISE BENEFIT.

*PLEASE WEAR COMFORTABLE CLOTHING AND NON-SLIP SOCKS OR SLIPPERS.  
NO SNEAKERS!*

Robert E. Reid, Sr. Recreation Center  
Defense Hill Road & Route 25A  
Shoreham, NY 11786

**Thursdays**

October 11, 18, 25

November 1, 8, 15, 29

December 6

6:30pm - 7:30pm

**\$45.00 PER**

8-week session

**Pre-register by**

Tuesday, October 9, 2018

**Call 631-744-2601**

for more information or to register.

Visit us on the web:  
[www.BrookhavenNY.gov](http://www.BrookhavenNY.gov)  
[www.BrookhavenNY.gov/ParksFacebook](http://www.BrookhavenNY.gov/ParksFacebook)



\*Acceptable payments include check, money order & credit card.  
\*No cash payments accepted.  
\*All cancellations, except by the Town, are subject to a 15% administrative handling fee.



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