

# NORTH SHORE YOUTH COUNCIL

(631) 744-0207 • www.nsync.com • PO Box 1286, Rocky Point, NY 11778



## SOCIAL SKILLS GROUPS!

Activities and Enrichment for Positive Social Growth!

### We offer groups for...

- Children ages 6-8
- Children ages 9-11
- Preteens & Adolescents!

### Topics include...

Conversation skills, making and keeping friends, body language, social cues, problem solving, assertiveness, cooperation, frustration tolerance and anger management, improving self-esteem, and managing stress.

Our social skills program focuses on bringing together small groups of children and teens so that they can learn to interact appropriately with others their own age and practice important life skills. We have a rolling admission policy and accept new applicants all year!

Groups meet weekly in 8 week sessions and are facilitated by Licensed Mental Health Counselor, Dana Ellis. We are located on the grounds of the Joseph A. Edgar School on Rocky Point Landing Road in Rocky Point.

**When:** Groups begin January 14<sup>th</sup> and run through March 18<sup>th</sup>

Mondays: 5:00pm-6:00pm, 6:15pm-7:15pm, or 7:30pm-8:30pm

Thursdays: 5:00pm-6:00pm, 6:15pm-7:15pm, or 7:30pm-8:30pm

**Cost:** \$160.00, with a \$25.00 initial intake and processing fee for new enrollees

\*Payment plans available and scholarships may be awarded to families who qualify

*For more information or to sign up for a group,  
please contact Dana Ellis, LMHC, at (631) 744-0207 or [Dana@nsyc.com](mailto:Dana@nsyc.com).*

*NSYC is not responsible for loss/damage to personal property and/or injury while on premises or participating in programs.*