

Learn how to connect with your child on a social, emotional level and learn strategies to reduce anxiety and build resilience after a difficult year.

R.P.M.S. PROJECT PRESENCE

WHEN:

Series #1: Wednesday, October 20, 2021

Click [HERE](#) for Registration Link

Series #2: Wednesday, November 3, 2021

Click [HERE](#) for Registration Link

Series #3: Wednesday, December 1, 2021

Click [HERE](#) for Registration Link

TIME: 7:00 PM – 8:30 PM

LOCATION: VIRTUAL MEETING- LINK TO BE PROVIDED AFTER REGISTRATION

Objectives:

- Learn the definition of integrative mental health and Social Emotional Learning (SEL)
- Understand the effects of trauma & adversity on child development
- Learn how to support emotional health
- Develop home-based social emotional support practices for family



Presented by FICR

3-PART PROGRAM FOR PARENTS AND CAREGIVERS

SERIES #1

Foundations of Social Emotional Learning

SERIES #2

Learning Loss, Resilience, & Mental Health

SERIES #3

Student stress, Screen time, and the Mind-Body connection: Implications for learning relationships

