

Counseling Services

Are you, your child or family member experiencing:

- **Difficulty concentrating**
- **Loss of motivation**
- **Poor performance at school/work**
- **Avoidance of friends and family**
- **Distressing memories**
- **Excessive worrying**
- **Irritability**
- **Loss of enjoyment**
- **Trouble sleeping**
- **Relationship problems**
- **Anxiety**
- **Mood changes**

We can help your child with emotional or mental health problems resulting from divorce, family crises, peer pressures, low self-esteem, phase of life issues, etc.

**For more information please contact
(631)446-1950**

In addition to counseling services, YES also offers after school, evening and summer programs for children and youth.

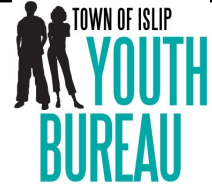
Please call (631)587-5172 or visit our website at www.yesnews.org for more information

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Servicios de Consejería

Si usted , su hijo/a o un miembro de su familia están experimentando:

- **Dificultad para concentrarse**
 - **Pérdida de motivación**
- **Mal rendimiento en la escuela/trabajo**
- **Alejamiento de amigos y familia**
 - **Recuerdos angustiosos**
- **Excesiva preocupación** • **Ansiedad**
- **Irritabilidad** • **Pérdida de goce** • **Dificultad para dormir**
- **Cambios de humor** • **Problemas de relaciones**

Podemos ayudarle a su niño/a con problemas de salud mental o emocional resultante de un divorcio, crisis familiares, presiones, baja autoestima, etc.

Para mas información, contacte.

(631)446-1950

**Adicionalmente, YES también ofrece
Programas para después de la escuela y programas
de
verano para niños y adolescentes
Por favor llame (631)587-5172 visite el website.**