

LIFEGUARD

WITH SUFFOLK COUNTY



NOW RECRUITING OCEAN AND STILLWATER LIFEGUARDS

Join Our Team!

Suffolk County is hiring Lifeguards for Smith Point, Cupsogue and Meschutt beaches. We're looking for individuals who are 15 years old or older (as of Summer 2024) with athletic skills and swimming experience.

Qualifications?

Candidates are required to attend a minimum of four (4) of the nine (9) qualification sessions. During these sessions, candidates will need to qualify for time in both swimming and running. Additional water skills will be assessed.

Important Dates!

Skills Assessment Session

Learn what skills to work on before the training sessions start in March. Come prepared to swim and run.

Sunday, February 4, 2024 from 1:00 pm to 3:00 pm at the Suffolk County Community College Riverhead Campus Pool.

24-hour Qualification Course

Sundays from 1:00 pm to 4:00 pm at the Suffolk County Community College Riverhead Campus Pool.

- March 10, 17, 24
- April 14, 21, 28
- May 5, 12, 19

Please bring your ID and be prepared to swim and run.

