

THE BROOKHAVEN YOUTH BUREAU PRESENTS

*Girls Group*

**FREE SUPPORT GROUP  
FOR ALL BROOKHAVEN  
TOWN RESIDENT TEENS  
AGES 13-16**

**Where & When:**

**Brookhaven Town Hall  
Youth Bureau, 2nd Floor  
1 Independence Hill  
Farmingville, NY 11738**

**Mondays 3:30pm - 4:30pm  
2/26, 3/4, 3/18, 3/25, 4/1,  
4/8, 4/15**

**Topics & Dates:**

- **Managing Anxious Thoughts**
- **Social Media & Self Esteem**
- **Healthy Relationships & Dating**
- **Emotional Regulation & Conflict Resolution**
- **Peer Pressure & Healthy Decisions**
- **Effective Communication**
- **Goal Setting for the Future**

**To sign up or for more information  
call (631) 451-8011**



**Daniel J. Panico, Supervisor**

Jonathan Komreich, District 1      Michael Loguercio, District 4  
Jane Bonner, District 2          Neil Foley, District 5  
Neil Manzella, District 3        Karen Dunne Kesnig, District 6  
Kevin LaValle, Town Clerk  
Louis J. Marcoccia, Receiver of Taxes  
Daniel Losquadro, Superintendent of Highways